

GETTING INFORMATION

SNCF :

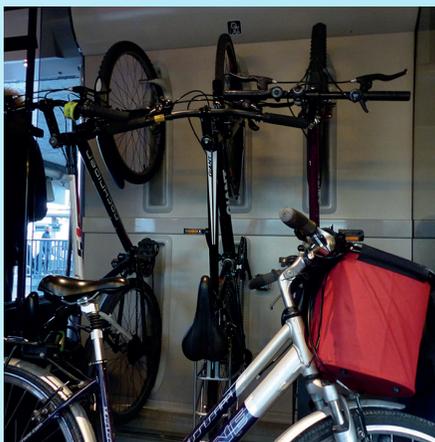
- in station ticket offices
- by phone : +33 3635
- by Internet : en.oui.sncf/en

Trainline (ex CaptainTrain) :

- only on the Internet www.thetrainline.com

Online booking on smartphones for bicycle places is impossible in both cases.

To get more complete information on train schedules in France : en.oui.sncf/en and in Europe : Deutsche Bahn



TRAIN AND BIKE ARE GOOD FOR THE CLIMATE

The combination of the train and the bike is also good for the climate and environment. It's the right choice to save energy, reduce pollution and Greenhouse gas emissions, limit the wastage of natural space.

SOME ADVICE

- arrive early to avoid precipitation in railway premises
- in the train, get ready before your stop and put your bike next the door
- cohabitation with other passengers will go well if you stay cordial and smiling
- remove your panniers in order not to block, don't put your bike against the toilets or in front of an access door
- if you lock your bike, don't block the other passengers
- if the bike space is crowded by passengers or luggage, defend yours rights courteously but firmly
- in the mechanical stairs, block your brakes and anticipate the movement of the bike a little after the start. If it's too loaded and heavy for you, remove the panniers
- if the elevator is too small, put your bike on its back wheel
- on the station platform, when the train arrives, make a friendly gesture to the train driver to indicate your presence
- be careful of others on the platforms and in the stations
- if the bike is too heavy to hang it on the hooks, or for the stairs, ask other passengers to help
- in case of a dispute, contact us : contact@eurovelo3.org

CYCLOTRANSEUROPE acts for the completion of Scandibérique, a portion of Eurovélo 3 in France, the development of cycletourism and for ecological transport in general.

TRAVEL BY TRAIN WITH YOUR BIKE



In France

June 2019

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DISASSEMBLED BIKE

You can take almost all trains in France and Spain by unmounting the front wheel and under a suitable cover (maximum dimensions: 120 x 90 cm // 47 * 35 in). You can buy some for less than 20 €. Folding bikes are also allowed, under a suitable cover in principle. In some trains where the number of luggage is limited, disassembled/folding bikes are counted in the quota and are sometimes chargeable (Ouigo 5 € - Izy 10 €).

UN-DISASSEMBLED BIKE IN TGV's



Atlantic TGV's can carry 2 bikes. Some North TGV's have 4 bike places except on week-ends. Towards the South-East, there are almost no TGV's open to bikes. There are no more in Grand Est region. To know on the Internet if a TGV accepts bikes, click on the tab Add bike(s) to see if there is a bike pictogram.

Booking train tickets and bike tickets must be done at the same time. The exchange and refund conditions for your bike service are the same as those for your train ticket.

Izy/Ouigo's don't carry un-disassembled bikes.



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IN REGIONAL TRAINS



Taking a regional trains could be a good option : some are long-distance :

- Paris - Dijon - Lyon
- Saint-Nazaire - St-Pierre des-Corps - Orléans
- Clermont-Ferrand - Nîmes.

- Paris - Nancy - Strasbourg

These trains carry bikes without booking or extra charge. You have to check if there is a bike pictogram. In Ile-de-France, bike transportation is allowed in all trains (SNCF and RATP), except from Monday to Friday from 6.30 am to 9.30 am and from 4.30 pm to 7.00 pm.

In Alsace, the TER200 are forbidden to bikes from Monday to Friday from 6.00 am to 8.30 am and from 4.00 pm to 6.30 pm.

In Alsace and Ile-de-France, bikes are allowed without any restriction on week-ends.

In June-July-August, Interloire Orléans-Nantes-St-Nazaire have 50 bike places

IN INTERCITES

Most of these carry bikes for free. Some need booking for passengers and bikes : 10€ (Paris-Clermont-Ferrand ; Bordeaux-Marseille ; Paris-Limoges- Toulouse). In some trains (Bordeaux - La Rochelle - Nantes; Nantes - Tours-Lyon), bike transportation costs 5 €. Night Intercités have a bike compartment (6 places). Booking for bike places is mandatory (10€).

In July-August week-ends, low cost Intercités Paris-La Rochelle ; Paris-Nantes-Le Croisic ; Paris-Lyon-Grenoble take bikes without extra charge.

Some Intercités have bike spots without any logo (Paris-Les Aubrais-Tours, Paris- Troyes-Belfort, Clermont-Ferrand-Béziers). Take those !

IN INTERNATIONAL TRAINS



To Great Britain, it is possible to carry bikes on the Eurostars for 65£ (+44(0)844 822 5822).

Towards Belgium, Netherlands and Germany, bikes are forbidden on the Thalys.

Lille-Tournai/Lille-Anvers and Namur-Maubeuge/Mons-Aulnoye trains can carry bikes. You have to pay an extra charge in the train (5 €).

Towards Germany and Luxembourg, TGV's and ICE's are forbidden to un-disassembled bikes. Same for the train Paris-Berlin-Moscow. Cross-border TER with Germany and Luxembourg accept bikes.

Towards Italy, TGV's and the Paris-Milan-Venise Thello night train are forbidden to un-disassembled bikes. Same for the Marseille-Nice-Milan Thello train and the Nice-Vienne-Moscow train.

In direction of Switzerland, Lyria TGV's Paris-Genève and Paris-Zurich have no more bike space.

In direction of Spain (Barcelona, Madrid), TGV's don't accept un-disassembled bikes. Same for the Hendaye-Burgos-Lisbonne night train.



HAVE A GOOD TRIP !